



Rajagiri Higher Secondary School  
Kalamassery



02<sup>nd</sup> to 07<sup>th</sup>  
August

*Let's get Fabulous*

# GENERAL RULES

- Entry forms and list of students should reach school by 27th July 2023.
- Schools are requested to register for the competition by 8 am on 5th August 2023.
- All items should be presented in English unless specified otherwise.
- A participant may take part only in one item.
- It is necessary that students for all items are accompanied by a teacher.
- Judges' decision will be final and binding.
- Participants are permitted to contact the Teacher in charge of the items between 5 pm & 7 pm for clarification.
- Use of fire and any dangerous props is discouraged.
- Ensure that the green room keys are handed over to our school volunteers assigned to you before leaving the campus.
- Use of mobile phones and cameras are strictly prohibited on the School Campus.
- No harm should be made to the School Property. Our campus is plastic free, hence use of plastic items should be avoided.
- Any items spreading anti-social thoughts will be disqualified.
- Vulgarly of any sort will lead to disqualification.
- Entering the stage in school uniform is not allowed for both participants as well as volunteers.



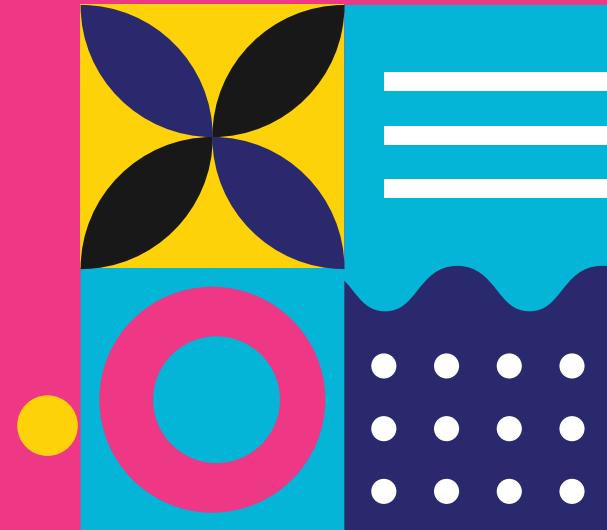
Dear Sir/Ma'am,

We deem it a great privilege to welcome you all to FABULA and Fr. Francis Sales Memorial Basketball and Football Tournament on the auspicious occasion of the Diamond Jubilee of Rajagiri Higher Secondary School, Kalamassery. We place on record our heartfelt gratitude for your unstinting support and co operation in the previous years. We look forward to your active participation this year also.

Yours Sincerely,



Fr. Tomy Kochelanjickal CMI  
PRINCIPAL



# VEGETABLE CARVING

[VEGGIE VIVANTE]

Classes IX - XII



5th  
AUG

*'Let's give a Makeover to Veggies  
Create magic with knives'*

**Subject:** 'Fruits and Vegetable carving'

[Any item can be showcased with maximum number of carved vegetables and fruits]

## Judging Criteria

- ✂ No. of units used
- ✂ Quality of work
- ✂ Overall performance

## Instructions

- ✂ Materials: Fruits & Vegetables
- ✂ No. of participants: 2
- ✂ Time: 2 hours [To prepare and assemble]

- Participants are requested to bring all necessary materials.
- Any fruit or vegetable associated with culinary art can be used. Fresh herbs, lettuce, spring onion, lemon grass, lemon leaves & leeks are allowed.
- All carving, assembling, peeling and cutting shall be done only during the actual competition .
- Only toothpicks, palm & bamboo skewers are allowed. Wire, glue, spray and artificial colouring are NOT allowed.
- Artificial leaves and flowers are not permitted.
- Competition will start at 8.30 am.

★ Spot registration is not entertained

**First Prize: 4,000/-**

**Second Prize: 3,000/-**

**Third Prize: 2,000/-**

**Ms. Latha R**

**+91 9567953322**

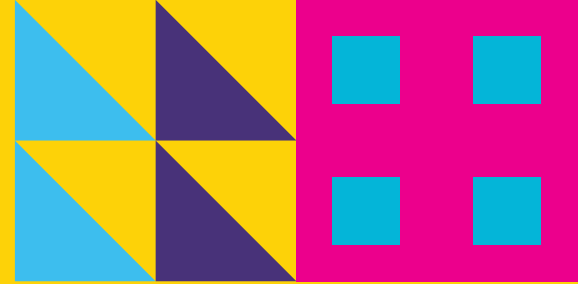
# CULINARY ART

(COOL CUISINE)

Classes IX - XII



5th  
AUG



Use your creativity to stir up the healthiest sandwich that you can think of with vegetable ingredients.

**Subject:** Healthy Vegetable Sandwich

## Judging Criteria

- ✦ Presentation - 30%
- ✦ Taste - 30%
- ✦ Hygiene - 30%
- ✦ Viva - 10%

## Instructions

- ✦ No. of participants : 2
- ✦ 2 hours to prepare and to assemble.
- ✦ Participants should procure their ingredients and recipe.
- Only Vegetarian items can be used for spread and filling (edible vegetables, cheese, chutney, butter etc.)
- Egg mayonnaise is not allowed.
- No cooking is allowed.
- All cutting, peeling, slicing, assembling etc. should be done during the competition time.
- Only toothpick, palm leaves, bamboo skewer, butter paper, cling film, aluminum foil etc. are allowed.
- Metal wire, glue, artificial colours etc are not allowed.
- Competition will start at 8.30 am.

★ Spot registration is not entertained

**First Prize: 4,000/-**

**Second Prize: 3,000/-**

**Third Prize: 2,000/-**

**Ms. Shiny P George**

**+91 9847932664**

# ART PALETTE

Category A - Classes I & II

Category B - Classes III & IV

Category C - Classes V - VII

*'Art is the reflection of life'*



**5th  
AUG**

## Category A

Topic : On the spot

Any colour can be used

Drawing paper will be provided

## Category B

Paper bag painting

Topic : On the spot

Any colour can be used

Paper bag will be provided

First Prize: 3,000/-

Second Prize: 2,000/-

Third Prize: 1,000/-

## Category C

Cartoon Drawing (Colour or Black & White)

Topic : Any cartoon related to  
Diamond Jubilee celebration.

Drawing paper ( half sheet )  
will be provided

Mr. Manoj M P

+91 9961139357

# ART PALETTE

Category D - Classes VIII - X

Category E - Classes XI & XII



5th  
AUG

*'Put your artistic skills  
to the ultimate test'*

## Category D - Soap Carving

- Subject: Diamond Jubilee emblem
- No. of participants : 1
- Participants are requested to bring all the necessary materials for carving.
- Two Soap bars will be given

**First Prize: 3,000/-**

**Second Prize: 2,000/-**

**Third Prize: 1,000/-**

**Mr. Manoj M P**  
**+91 9961139357**

## Category E - Portrait Painting

- Subject: Picture of one of the Principals of RHSS
- No. of participants : 1
- Medium - Acrylic colour

- NB:
- Topic chosen by drawing lot.
  - A small picture of the Principal will be given.
  - Canvas size : 16" x 20"
  - Canvas will be provided.

**✂ Time: 2 hours.**



# FUN DHAMAKA

(BE SPORTIVE, BE A CROWD PULLER)

Classes IX - XII



5th  
AUG

*Are you someone who gets an adrenaline rush every time you get on the stage? Does a live crowd excite you? Experience the unique confluence of confidence, intellect, imagination, spontaneity, sarcasm and wit.*

*Join us on this fun filled journey FUN DHAMAKA*

## Judging Criteria

- ✧ Spontaneity
- ✧ Overall presentation and creativity

## Instructions

- ✧ No. of participants: 2
- ✧ Medium: English/Malayalam
- ✧ Subject: On the spot
- ✧ No. of rounds: 2
- ✧ Offensive language must be avoided

**First Prize: 4,000/-**  
**Second Prize: 3,000/-**  
**Third Prize: 2,000/-**

**Ms. Josmi P. J**  
**+91 8848388700**



**QUIZ**  
(CONUNDRUM)  
Classes IX - XII



**5th  
AUG**

*If you think you know the latest and greatest of events across the world, get yourself here and compete in this Prestigious Quiz event of Fabula '23*

**Instructions**

- ✦ Subject: General knowledge and current affairs
- ✦ No. of participants: A team of 2 students representing a school

**First Prize: 4,000/-**  
**Second Prize: 3,000/-**  
**Third Prize: 2,000/-**

**Ms. Jayasree K**  
**+91 9020216938**

# THEMATIC DANCE

[J'ADORE DANCE]

Classes V - XII



5th  
AUG

Strut and Skitter, flick and flutter  
Into treasured hearts and halls of fame  
Unravelling the mystery of the cosmic dance  
And the magic of the seasons' turn  
The tears and laughter, rage and desires  
Of myriad races, clans and creeds.

**Come and trip on the fantastic  
toe, footloose and fancy free,  
on the enthralling Rajagirian stage.**

## Topics

- Folk Dances of India
- Changing Seasons
- Say No to Drugs

[Choose any one of the aforesaid topics]

# THEMATIC DANCE

[J'ADORE DANCE]

## Judging Criteria

- ✘ Thematic Relevance
- ✘ Choreography and Originality
- ✘ Overall Performance
- ✘ Usage of Props

## Instructions

- ✘ Film songs are not permitted
- ✘ Costumes should be relevant to the theme
- ✘ Duration : Maximum 8 minutes
- ✘ Time for stage setting: 5 minutes
- ✘ No. of Participants: 8 to 10

**First Prize: 15,000/-**  
**Second Prize: 10,000/-**  
**Third Prize: 7,000/-**

**Ms. Sheeba Kuriakose**  
**+91 9495674091**

**Ms. Femin Ahamed**  
**+91 8921653315**

# RIDING REELS

(INSTAGRAM REELS)

Classes VIII - XII



5th  
AUG

*Are you good at making videos on social networks?  
Let the world see your creativity.  
Make a great video on the Rajagiri campus.  
Tag us and post it using hashtags.*

## Judging Criteria

- ✦ Creativity
- ✦ Transitions
- ✦ Audio
- ✦ Effects

## Instructions

- ✦ Subject: On the spot
- ✦ Medium: Mobile phone
- ✦ Uploading platform: Instagram
- ✦ Duration: 90 sec (Reels)
- ✦ No. of participants: 2 (Any number of team can participate)
- ✦ Time: 3 hrs

- Videos should be uploaded only with provided hashtags and tagging details.
- The reel must be creative and original and it must showcase the participants' creativity.
- The reel must be posted on the team's public Instagram account.

**First Prize: 4,000/-**  
**Second Prize: 3,000/-**  
**Third Prize: 2,000/-**

**Ms. Sony Sebastian**  
**+91 9497236639**

# RANGOLI CONTEST

[SAYAKA]

Classes IX - XII

*‘A Dreamy extravaganza  
of colours with a blend of  
creativity and ideas’*



5th  
AUG

## Instructions

- ✦ Subject: ‘ Meri Maa ‘
- ✦ Materials: Rangoli colours, chalks
- ✦ No. of participants: 2
- ✦ Time: 2 Hours

- The participants will have to prepare a Rangoli within the space provided by the organizers (3 ft x 3 ft)
- Teams will be responsible for the arrangement of the materials required to prepare Rangoli. Only Rangoli colours can be used for making rangoli designs.
- The participants will not be allowed to refer any material, mobile phone, etc. at the venue. Stencils are not allowed. The decision of judges will be final and binding.

## Judging Criteria

- ✦ Overall appearance
- ✦ Details and clarity in Rangoli art
- ✦ Judgement will be based on adherence to the theme
- ✦ Colour combination
- ✦ Creativity
- ✦ Neatness

**First Prize: 4,000/-**  
**Second Prize: 3,000/-**  
**Third Prize: 2,000/-**

**Ms. Jithu Mol**  
**+91 8891485556**

# FR.FRANCIS SALES MEMORIAL

## **SOUTH INDIA BASKETBALL & FOOTBALL TOURNAMENTS**

Classes IX - XII

Basketball and Football Tournaments will comply with the rules and regulations of the Basketball Federation and Football Federation of India.

*NB: Participation only on invitation basis.*



**5th  
AUG**

### FOOTBALL

**Mr. Biju Joseph  
+91 9846723066**

### BASKETBALL

**Mr. Joseph Chacko  
+91 9447524671**

# POINTS WILL BE AWARDED AS FOLLOWS

**FIRST - 15 points**

**SECOND - 10 points**

**THIRD - 5 points**

[10 bonus points for the team participating in all the events]

**Basketball tournament ( 4th to 7th August )**  
**Football tournament ( 2nd to 7th August )**

**Cultural Programmes - 5th August**

**Registration - 8:00 AM**

**Inauguration - 9:00 AM**

**Competition - 9:30 AM**


**Valedictory Function - 2:00 PM**

Attractive cash prizes will be given for all items. Trophy and certificate will be awarded. Every participant shall receive a prize.



SCAN THE QR CODE FOR MORE DETAILS

 [rajagirihs](https://www.instagram.com/rajagirihs)

 [www.rajagirihspta.com](http://www.rajagirihspta.com)



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